

## Physician Referral for Physical Therapy

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient Phone #: \_\_\_\_\_ ICD-10 Code: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Surgical Procedures: \_\_\_\_\_

Patient Insurance: \_\_\_\_\_ Insurance Phone #: \_\_\_\_\_

### PHYSICAL THERAPY

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Evaluate and Treat                 | <input type="checkbox"/> Therapeutic Exercise  | <input type="checkbox"/> Custom Orthotics |
| <input type="checkbox"/> Modalities as indicated            | <input type="checkbox"/> Home Exercise Program | <input type="checkbox"/> ASTYM            |
| <input type="checkbox"/> Joint and Soft Tissue Mobilization | <input type="checkbox"/> Other: _____          |   |

Frequency:  Daily  4X  3X  2X  1X

Duration:  2 weeks  3 weeks  4 weeks  5 weeks  6 weeks

Notes: \_\_\_\_\_

Physician follow-up date: \_\_\_\_\_ Physician phone #: \_\_\_\_\_

Physician name printed: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_

## ProActive is contracted with more than 1,500 insurance plans.

We accept all major insurance carriers and participate with many local provider networks. If you do not see a provider listed, we can verify insurance for you. For quick and easy verification, please call **(520) 747-9225**.

AARP  
Aetna  
AHCCCS Health Plans  
Allwell Healthnet  
Ameriben  
American Indian  
American PPO  
Ancillary Care Services (ACS)  
Arizona Foundation for Medical Care  
Assurant  
Auto Insurance  
Banner Health Plans  
BCBS Advantage  
BCBS Medicare Adv  
Beech Street Corporation  
Blue Cross Blue Shield Plans  
Blue  
Cigna

ClarisPointe  
Equian/HIS  
Evolutions Healthcare Systems  
First Health/Coventry  
Fortified Provider Network (FPN)  
Freedom Life (PHCS)  
Galaxy Health Network  
GEHA (Aetna ASA)  
Global Medical Management  
Golden Rule  
Health Management Network (HMN)  
Health Net of Arizona  
HealthSmart  
Humana Health Plans  
Medicare  
Mercy Care Health Plans  
Optum Health Plans

P3 Health  
Prime Health Services  
Private Healthcare Systems (PHCS)  
Select, Inc. Rockport Healthcare Grp, Inc.  
Secure Horizons  
The Reny Co.  
Therapy Direct  
Three Rivers Provider Network (TRPN)  
TriCare (All Plans)  
TriWest  
United Healthcare Plans  
UMR  
USA Managed Care Organization  
Worker's Compensation  
Zelis  
Zenith

**Services**

Physical Therapy

- Pre/Post-Surgical Rehabilitation
- Acute Injury Management
- Chronic Injury Management

Hand Therapy (Central, East & North Clinics)

- Custom Splinting

Sports Physical Therapy

Pediatric Orthopedic Physical Therapy

Geriatric Physical Therapy

Workers' Compensation

Work Hardening

Instrument Assisted Soft Tissue Mobilization

Spine Specialty

Temporomandibular Joint Dysfunction (TMJ)

Trigger Point Dry Needling

Kinesio Taping

Vestibular Therapy

Post-Concussion Therapy

Blood Flow Restriction Therapy



**1. Central**

3305 N Swan #115, Tucson, AZ 85712  
P (520) 321-0204 F (520) 321-0495

Cross streets: N Swan Rd and E Camp Lowell

**2. East**

8820 E. Broadway Blvd, Tucson, AZ 85710  
P (520) 829-7741 F (520) 829-7751

Cross streets: E Broadway Rd and N Camino Seco

**3. Green Valley**

1055 N. La Canada Dr #123, Green Valley, AZ 85614  
P (520) 462-0439 F (520) 462-0438

Cross streets: W Camino Casa Verde and N La Canada Dr.

**4. Marana**

7575 W. Twin Peaks Rd #155, Tucson, AZ 85743  
P (520) 744-6445 F (520) 742-5252

Cross streets: W Twin Peaks and N Coachline

**5. North**

7530 N. Oracle Rd #100, Tucson, AZ 85704  
P (520) 202-2030 F (520) 202-2029

Cross streets: Oracle and Ina

**6. North Central**

7601 N. Oracle Rd #101, Tucson, AZ 85704  
P (520) 293-5551 F (520) 293-6638

Cross streets: N Oracle and W Magee

**7. North West**

8770 N. Thornydale Rd #100, Tucson, AZ 85742  
P (520) 742-7107 F (520) 742-9010

Cross streets: N Thornydale and W Hardy

**8. Oro Valley**

10550 N. La Canada Dr #160, Oro Valley, AZ 85737  
P (520) 547-2476 F (520) 547-2480

Cross streets: N La Canada and W Lambert

**9. South**

1010 E. Palmdale St #130, Tucson, AZ 85714  
P (520) 623-5551 F (520) 624-7091

Cross streets: S Park and E Ajo

**10. West**

1657 W. Grant Rd, Tucson, AZ, 85745  
P (520) 670-9558 F (520) 382-5550

Cross streets: Grant and I-10